**Dear White Gum Valley Community,**

This newsletter I wish to talk about the topic of conflict resolution skills. Sometimes with our friends we can find ourselves having arguments and getting into a stalemate about a problem. It's important that we know some conflict resolution skills to be able to help us to: identify the problem, think about different solutions, evaluate the solutions, and make a decision that all parties agree with (compromise).

This skill will be beneficial in helping students to strengthen their friendships, learn how to overcome challenges, and build resilience. Below I have attached some worksheets that you can do with your child to help with peer/friendship issues.

I hope you all have a wonderful week.

From your Chappy !







